

REGISTRATION APPLICATION



Kundalini Yoga with Darshan

Congratulations! You are talking the first step in a potentially life changing journey to be a Kundalini Yoga Teacher. This is the 3rd KRI Level One Kundalini Yoga Teacher training offered in Ohio hosted by The Healing Space of Cincinnati in connection with Darshan Yoga Studio. Whether you intend to use the knowledge you gain during this nine month program to be a Kundalini Yoga teacher or are interested in deepening your yogic practice, this program will give you the foundation for a lifelong yoga and meditation practice and all the information you need to better understand the incredible technology of Kundalini Yoga as taught by Yogi Bhajan. With this technology you will find that you have the ability to better meet the challenges of these times in the Aquarian Age.

Please fill out the registration form and call Patricia at 513-226-4996 to schedule your telephone interview.

The Healing Space of Cincinnati, 217 Wyoming Ave, Wyoming, Ohio 45215

Contact Information

First Name

Last Name

Birth Date

Email Address

Home Phone
check if primary

Business Phone
check if primary

Mobile Phone
Check if primary

Have you practiced
Kundalini Yoga
before? Yes
 No

If yes, when?

Please list
previous practice
of yoga and
meditation:



This is a 220 hour course. Your course fee includes:

- In class instruction
- One Year associate membership in the International Kundalini Yoga Teachers Association (IKYTA)
- The Aquarian Teacher KRI International Kundalini Yoga Teacher Training Level One **Textbook**
- The Aquarian Teacher KRI International Kundalini Yoga Teacher Training Level One **Yoga Manual**
- **The Master's Touch Textbook**

Additional Costs to Student

- Day of White Tantric Yoga Meditation Course in city of your choice
- Attendance at 20 Kundalini yoga classes
- Additional yoga manuals

Homework for the course includes:

- 5 Sadhanas
- Several 40 day meditations
- Reading Assignments
- Independent study and creation of yoga curriculums
- Take home open book final exam

Lunches are vegetarian pot luck.

More Information:

Our Lead Training, Darshan Kaur Khalsa, will be happy to answer your questions. Contact her at **703-471-YOGA (9642)** or via email at **yogateachertraining@cox.net**